



Atha
Know Behold Transcend

Centre for Psychotherapy and Training

Certificate of Completion

This certificate goes to

Dr. Shobha Menon

has received theory and practical training of 40 hours in
**Cognitive Behavior Therapy (CBT) & Rational Emotive
Behavior Therapy (REBT)** online mode from **27th April to
18th June, 2026.**

Disclaimer: This doesn't certify one as a CBT or REBT Practitioner.

Trainer: ASIRA CHIRMULEY

Associate Fellow and Supervisor of Albert Ellis Institute, New York -Training faculty level 2

Trained in CBT from Beck Institute for Cognitive Behavior Therapy, USA

Gottman Seven Principles Leader, USA

Director and Founder, Atha Centre for Psychotherapy and Training, Thane, Mumbai